

Parenting Seminar – Nov 2025

**Maintaining a spiritual life &  
participating in a spiritual family  
with 0-2s**

[www.christcitychurch.ie/doing-church-with-kids/](http://www.christcitychurch.ie/doing-church-with-kids/)



# Opening Question

How has becoming a parent affected your personal devotions and participation in church life?



# Seminar format – like the book of proverbs

- Some learning/wisdom
- Tools not rules
- Chew over – facilitate discussion
- Find what's valuable and helpful for you right now



## 7 bits of advice

1. The parenting motto = accept, adapt, achieve
2. The parenting power = prayer (& *practicing the presence of God*)
3. The parenting community = “it takes a village...” (*older/cooler*)
4. Parenting privilege = to pass on the faith (*see resources*)
5. Parenting planning = be practical and realistic (*CGs, Sundays*)
6. Parenting perspective = the formation of character (*small decisions!*)



# The formation of character

Sow an action, reap a habit

Sow a habit, reap a character

Sow a character, reap a destiny

\*The small hard decisions are like seeds

- *e.g fighting to attend church when you're not sure 'the point' as a parent*

\*They will reap fruit in the end



## 7 bits of advice

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4. Parenting privilege = to pass on the faith (*see resources*)
5. Parenting planning = be practical and realistic (*CGs, Sundays*)
6. Parenting perspective = the formation of character (*small decisions!*)
7. Parenting Grace = “God has got you, even if you’re not sure if you have ‘got it’” (*Sleep, rest!*)



# Discussion Questions

1. What was most helpful to you?
2. What other things have you found helpful not mentioned?
3. What questions do you have?

